

# TASTER

DISCOVER THE LATEST FLAVOURS FROM GOURMET COOKING FROM AROUND THE WORLD

\*06

OCTOBER, 2011

## FLAVOUR FOCUS: FESTIVE FEASTS @ NATURE'S BASKET

The festive season is here and what better time to savour nuts than when they abound! In addition to the usual Almonds, Walnuts and Pistachios, Natures Basket also carries the largest selection of exotic nuts; Pecan, Macadamia, Hazel and Pine nuts, are all available on our shelves in addition to a variety of nut based products, including Pistachio and other nut oils,, a wide range of Olives stuffed with nuts, amazing selections spice mixes and sauces such as Middle Eastern Dukkah (spice mixes made using nuts) Almond Tagine Pastes and Italian Pestos.

So add nuts to all of your festive dishes this season. Toss them in salad or scatter over pasta for added crunch, sprinkle over porridge and reach for nuts instead of sweets and fried snacks (raw or roasted nuts without



added ingredients such as large amounts of fat, salt or sugar are very good snack options). To help you along, we have created a series of recipe cards with Nut recipes. Check these at our stores



**TRY THIS!**  
Spicy Nut Mix!\*



**NOW OPEN!  
IN BEGALURU**

**GODREJ  
NATURE'S  
BASKET**

514/A, CMH Road,  
Indiranagar,  
Bengaluru - 560 032  
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\*Please see the inner pages for the recipe

# FINE CHOCOLATES AT NATURE'S BASKET

Chocolates may add a few inches to your waistline but it sure will bring a smile to your face. The shelves at Godrej Nature's Basket are brimming with so many brands & varieties of chocolates it could make your head spin. From milk chocolates to huge slabs of white and dark chocolate or the very sinful liquor chocolates, we have it all.

For those counting calories, we have a wide range of sugar-free chocolates as well!

But it's not really as simple as that, you are faced with so many varieties such as nut, fruit, orange, praline, raspberry.....oh the list goes on.....

If you love chocolate you will love our latest selection. Perfect place to come and get some gifts for your friends or just for yourself ofcourse



THE FINEST CHOCOLATES FROM AROUND THE WORLD

## HOT, SPICY NUT MIX

### INDREDIENTS:

- 2/3 cup butter
- 1/3 cup honey
- 1 cup hazelnuts
- 1 cup pinenuts
- 1 cup peanuts
- 1 cup Walnuts
- 1 cup Almonds
- 1 cup Cashew Nuts
- 1 cup Macadamia nuts
- 1 cup Pecan nuts
- 3 tablespoons Worcestershire sauce
- 2 tablespoons soy sauce
- 1 1/2 teaspoon salt
- 3 tablespoons Amchoor
- 1 teaspoon ground cinnamon
- 1 teaspoon ground allspice
- 1 teaspoon ground cloves
- 2 teaspoons chilli flakes

### METHOD

In a large microwave safe pan, melt the butter, mix in the honey and stir in the the Worcestershire sauce, soy sauce, salt, amchoor, cinnamon, allspice, cloves and chilli. Add nuts, mix well and microwave on high for 6 to 8 minutes, stirring every 3 minutes. Serve warm or at room temperature; store in a tightly sealed container.



# WE RECOMMEND

**GOURMET PICKS FROM OUR CONSULTANT EDITOR RUSHINA MUNSHAW GHILDIAL**

### NAGA CHILLIES!

Natures Basket now carries Naga chillies, the spiciest chillies in the world. A word of caution to the uninitiated, Naga chillies are pure heat. A single chilli can season a full pot of curry and make it really spicy so we suggest using them in microscopic doses and upping quantities as you go along. Use glove when handling, wash your hands after and do not touch the eyes with the same hands. Yes they are that spicy. But that said, to focus on heat as the sole merit of the Naga King chilli does an enormous disservice to

what is a really interesting ingredient. The are fruity in flavour and lend themselves to spicy sweet fruit chutneys (just one chilli is enough for 1 kilo of apple jam). Slice and drop into a glass jar and add heated Grapeseed oil over to make a fruity, spicy and delicious finishing oil to drizzle over soups, spice up salad dressings or dress

grilled meats. Add to a light vinegar such as Cider for a complex flavoured Chilli Vinegar. Or try Naga Chilli Vodka! Good ideas should never be ignored so we recommend that you put a chilli in a bottle of vodka. Wait for a week and then promise yourself some deliciously warming winter tipples this year!



# SHELFWATCH

WE ARE CONSTANTLY ADDING NEW AND INTERESTING THINGS TO OUR SHELVES. HERE'S A TASTER OF SOME OF OUR FAVOURITES.



EXOTIC DRYFRUITS

## DRY FRUIT IN RAINBOW COLORS!

Dried fruit in rainbow colors! Our shelves boast a range of dried fruit on our shelves that goes far beyond just raisins. Dried Turkish Apricots, Gourmet Dates, Cranberries, Red raisins, Blueberries, Pineapple, Papaya Prunes, are all naturally sweet, and incredibly colourful. They can also help in maintaining a healthy diet over the festive season when rich high calorie sweets and mithai are so much more prevalent and everyone seems to be offering you some. This festive season try keeping dried fruit in strategic locations around you to prevent these urges. With their beautiful colors they also make great additions to festive hampers.

# THERE'S A WORLD OF TOMATOES OUT THERE AND IT'S NOT JUST ROUND & RED

TRY OUR EXOTIC NEW VARIETIES OF TOMATOES OF ALL SHAPES COLOURS AND SIZES

## WHAT TO DO WITH... HEIRLOOM TOMATOES

EVER BOUGHT SOMETHING YOU'RE NOT QUITE SURE HOW TO USE?

WELL, EVERY MONTH, THIS SPACE WILL GIVE YOU SOME QUICK AND DELICIOUS IDEAS FOR WAYS TO USE IT.

We now have Heirloom Tomatoes at Natures Basket! Your tomato salads needn't be boring old red any more, they can now be green, black yellow and purple as well. Heirloom tomatoes are tomatoes that have existed—without genetic modification or hybridization for generations. Heirloom tomatoes come from a time in history when people grew their food at home and are tastier than hybrid common tomatoes. They come in a variety of sizes shapes and colors, look for red globes (which are black in colour), yellow cherry, red cherry, green zebra and a whole lot more to brighten up your salad bowls.



BLACK CHERRY TOMATOES



RIPE & SWEET CHERRY TOMATOES



SPOON TOMATOES



FRESH GREEN TOMATOES

# THE DELI COUNTER

**WE SHOWCASE SOME OF THE BEST CHEESE AND MEATS FROM AROUND THE WORLD AT NATURE'S BASKET. HERE IS A TASTE OF WHAT'S NEW**

Everyone loves a good reason to celebrate, but the festive season brings more celebrations than any other time of the year. But food can get terribly repetitive! YOUR next social do needn't be. Forget that ubiquitous hung Curd Dips, those done to death Kebabs and mundane mushroom whatever's, our party platters of lovely pickings are perfect for the holiday season.



## CHEESE PLATTERS

Cheese platters- It will complement a meat platter and make vegetarian guests feel special. Our Food specialists will be happy to customise a cheese platter to your taste with a selection of cheeses from our cheese section augmented by matched crackers, nuts, fruit and dry fruit."

## MEAT PLATTERS

Meat platters with a generous spread of cold cuts can really add pizzazz to a party. And we have fabulous variety on offer at our stores that our Food specialist staff will be happy to arrange beautifully so you just have to unwrap them and serve with a glass of wine or bubbly (it is the festive season after all!)"



# NATURE'S BASKET HAMPERS NO ORDINARY GIFT

Sometimes only a grand gesture will do. So why not send your loved ones a world in a basket?

Godrej Nature's Basket brings you the very best of gourmet delights from around the globe. A true expression of appreciation whether you want to impress, thank or just tell some one you care. From **Exotic Fruits, Chocolates, Wine & Cheese, Country-specific or Theme-based** and even **Customised Hampers**.....We have them all



### MUMBAI

Warden Road: 022-23526775, 23545151 | Worli: 022-24934241  
Bandra: 022-26421122/5050 | Lokhandwala: 022-26300714/0767  
World Trade Centre: 022-40024008/8006 | Powai: 022-25700222  
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### DELHI / NCR

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### PUNE

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Open from 8.00 a.m. to 10.00 p.m.